

The Electric Rope

Expressions: „Getting over an obstacle“:

What we can do.	What we must not do.
climb over the rope	touch the rope
climb over	hold on to the rope
jump over the rope	hold on to the tree
jump over	lose contact with each other
lift someone over the rope	crawl underneath the rope
lift someone over	crawl underneath
form a chain	
start again	

What we have to do.
keep in contact with the group
get across the rope in a group
obey the rules
start again if contact is broken